

DINNER OPTIONS

- Travel times are to the Michael Fowler Centre
- All restaurants are within walking distance to the Michael Fowler Centre
- If you travel with a big group, please call the restaurants first and check whether it can sit a big group
- It will be easiest for you and the restaurant if you book a table in advance



	Restaurant	Address	Contact Details	Cuisine & Description	Price Range
A S I A N	Chow Opening hours: 12noon–12midnight	45 Tory Street, Te Aro, Wellington City <i>Walking distance: 9 min</i>	Ph: 04 382 8585 E: rob@chow.co.nz W: http://www.chow.co.nz/ Pre booking recommended	Asian Cuisine Vegetarian Friendly, Gluten Free & Dairy Options	Mains: \$11-\$25
	Magic Kitchen Opening hours: 11.30am-9pm	7 Courtenay Place, Te Aro, Wellington City <i>Walking distance: 11 min</i>	Ph: 04 381 4968	Asian Cuisine	Starter: \$5-\$10 Mains: \$13-\$42
	Monsoon Poon Opening hours: 5pm–10pm	12 Blair Street, Te Aro, Wellington City <i>Walking distance: 12 min</i>	Ph: 04 803 3555 E: wellington@monsoonpoon.co.nz W: http://www.monsoonpoon.co.nz/	Asian Cuisine	Starter: \$6-\$17 Mains: \$19-\$39
	Mr Go's Opening hours: 11.30am–10pm	59 Taranaki Street, Te Aro, Wellington City <i>Walking distance: 7 min</i>	Ph: 04 384 3488 E: hello@mrgos.co.nz W: https://mrgos.co.nz/	Asian & Chinese Cuisine	Mains: \$8-\$16
	Noodle Man – Lucia's Kitchen Opening hours: 11am-9pm	Capital Market, 151 Willis Street, Te Aro, Wellington City <i>Walking distance: 7 min</i>	no information	Asian & Chinese Cuisine Vegetarian Friendly	Mains: \$6.5-\$1
C H I N E S E	Dragons Opening hours: 5pm–10pm	25 Tory Street, Te Aro, Wellington City <i>Walking distance: 8 min</i>	Ph: 04 384 3288 E: hiwellingtondragons@hotmail.com W: https://www.wellingtondragons.co.nz/	Chinese Cuisine Vegetarian Friendly, Gluten Free & Dairy Options	Starter: \$6-\$14 Mains: \$24-\$36
	Jianbinj Opening hours: 9am-7pm	Capital Market, 151 Willis Street, Te Aro, Wellington City <i>Walking distance: 7 min</i>	Ph: 021 173 5097	Chinese Cuisine	Mains:\$4-\$11
	Majestic Cuisine Opening hours: 5pm–10pm	11B Courtenay Place, Te Aro, Wellington City <i>Walking distance: 9 min</i>	Ph: 04 381 0338 W: http://majestic-cuisine.co.nz/	Chinese Cuisine	Starter: \$6-\$8.5 Mains: \$15-\$42
	Ram's Crazy Dumpling Restaurant Opening hours: 5pm–10pm	171 Cuba Street, Te Aro, Wellington City <i>Walking distance: 8 min</i>	Ph: 04 803 3628 W: http://www.ramsrestaurant.co.nz/	Chinese Cuisine	Starter: \$7.5-\$13.5 Mains: \$15.5-\$41.5
	Satay Kingdom Cafe	Left Bank, 212 Left Bank, Te Aro, Wellington City	Ph: 04 381 3730	Chinese & Malaysian Cuisine	Starter: \$5.5-\$10.5 Mains: \$7-\$14.5

	Opening hours: 11am–9.30pm	<i>Walking distance: 5 min</i>		Vegetarian Friendly	
	Shanghai Restaurant Opening hours: 5pm-11pm	121 Manners Street, Te Aro, Wellington City <i>Walking distance: 3 min</i>	Ph: 04 382 8825 W: http://www.shanghairestaurant.co.nz/	Chinese Cuisine Vegetarian Friendly	Starter: \$4-\$29 Mains: \$10-\$30
	Sunshine Caffe Opening hours: 7.30am-8pm	219 Willis Street, Te Aro, Wellington City <i>Walking distance: 9 min</i>	Ph: 04 915 0029	Chinese Cuisine & Cafe Vegetarian Friendly	Starter: \$4-\$8 Mains: \$11-\$20
V I E T N A M E S E	Apache Mon-Sat 5pm-late	122 Wakefield Street, Te Aro <i>Walking distance: 1 min</i>	Ph: 04 499 2999 E: eat@apache.kiwi W: www.apache.kiwi	Vietnamese delicacies with a French influence	Mains: \$13-\$28
	Banh Mi Opening hours: 10.30am-9.30pm	Capital Market, 151 Willis Street, Te Aro, Wellington City <i>Walking distance: 7 min</i>	Ph: 04 382 8968	Vietnamese Cuisine	Mains: \$7.5-\$15
	Mekong Cafe Opening hours: 10.30am-9pm	138 Vivian Street, Te Aro, Wellington City <i>Walking distance: 8 min</i>	Ph: 04 801 8099 E: MekongcafeNZ@gmail.com W: https://www.mekongcafenz.com/	Vietnamese Cuisine	Starter: \$4-\$7.5 Mains: \$6-\$14
	Miss Vi Opening hours: 11am-7pm	49 Manners Street, Te Aro, Wellington City <i>Walking distance: 3 min</i>	Ph: 021 261 9809	Vietnamese Cuisine Vegetarian Friendly	Mains: \$9-\$10
	Rock Yard Opening hours: 5pm–10pm	18 Allen Street, Te Aro, Wellington City <i>Walking distance: 10 min</i>	Ph: 04 381 3930 E: rockyard.restaurant@hotmail.com W: http://rockyard.co.nz/	Vietnamese Cuisine Vegetarian Friendly & Gluten Free Options	Starter: \$11-\$12 Mains: \$12-\$25.5
	Saigon Van Grill Bar Opening hours: 5pm–10pm	201 Cuba Street, Te Aro, Wellington City <i>Walking distance: 9 min</i>	Ph: 04 8018668	Vietnamese Cuisine Vegetarian Friendly, Gluten Free & Dairy Free Options	Mains: \$7-\$16
	Where's Charlie Opening hours: 10.30am–9.30pm	Capital Market, 151 Willis Street, Te Aro, Wellington City <i>Walking distance: 7min</i>	Ph: 04 801 8161 W: http://wherescharlie.co.nz/	Vietnamese Cuisine Vegetarian Friendly & Gluten Free and Vegan Options	Mains: \$7.5-\$13
	M A L A Y S I A	Istana Malaysia Opening hours: 5pm–11pm	1-5 Allen Street, Te Aro, Wellington City <i>Walking distance: 8 min</i>	Ph: 04 801 7989 E: istanamal@clear.net.nz W: https://www.istanamalaysia.co.nz/	Malaysian Cuisine Vegetarian Friendly
KK Malaysian Restaurant Opening hours: 5pm–9pm		54 Ghuznee Street, Te Aro, Wellington City <i>Walking distance: 7 min</i>	Ph: 04 385 6698 W: http://www.kkmalaysian.co.nz/	Malaysian Cuisine Vegetarian Friendly	Starter: \$6-\$11 Mains: \$9.5-\$16

N	R & S Satay Noodles House Opening hours: 11am-9pm	148 Cuba Street, Te Aro, Wellington City <i>Walking distance: 6 min</i>	Ph: 04 385 1496	Malaysian & Cambodian Cuisine Vegetarian Friendly	Mains: \$10-\$15
	Roti Chenai Opening hours: 5pm-9pm	Shop 5, 120 Victoria Street, Te Aro, Wellington City <i>Walking distance: 4 min</i>	Ph: 04 382 9807 E: info@rotichenai.co.nz W: http://www.rotichenai.co.nz/	Malaysian & South Indian & Indian Cuisine Vegetarian Friendly	Starter: \$9.5-\$10.5 Mains: \$14.5-\$25
	Satay Village Opening hours: 5pm-10pm	58B Ghuznee Street, Te Aro, Wellington City <i>Walking distance: 7 min</i>	Ph: 04 801 8538	Malaysian Cuisine Vegetarian Friendly	Starter: \$5.5-\$15 Mains: \$7-\$17
J A P A N E S E	Daruma Sushi Opening hours: 11am-10pm	173A Cuba Street, Te Aro, Wellington City <i>Walking distance: 6 min</i>	Ph: 04 8015494 W: http://daruma.co.nz/wlg-cuba/	Japanese Cuisine & Sushi	no information
	Fujiyama Teppanyaki Opening hours: 5-11pm	36 Taranaki Street, Te Aro <i>Walking distance: 5 min</i>	Ph: 04 801 8699 W: www.fujiyama-teppanyaki.co.nz	Japanese Cuisine with food prepared right in front of the guests	Sets from \$28.9 to \$48
	Kazu Opening hours: 5pm-10.30pm	13 Tory Street, Te Aro, Wellington City <i>Walking distance: 8 min</i>	Ph: 04 802 5298 W: http://kazu.co.nz/	Japanese Cuisine & Sushi Vegetarian Friendly & Gluten Free Options	Mains: \$5-\$16
	Kazu Yakitori & Sake Bar Opening hours: 11.30am-11pm	Level 1, 43 Courtenay Place, Te Aro, Wellington City <i>Walking distance: 9 min</i>	Ph: 04 802 4868 W: http://kazu.co.nz/branches/yakitori	Japanese Cuisine Vegetarian Friendly & Gluten Free Options	Starter: \$7-\$7.5 Mains: \$13.8-\$24
	Origami Opening hours: 11am-9pm	Cubana Apartments, Ground Floor, 158 Cuba Street, Te Aro, Wellington City <i>Walking distance: 8 min</i>	Ph: 04 385 1354 W: https://www.origami-nz.com/	Japanese Cuisine & Sushi Vegetarian Friendly, Gluten Free & Dairy Free Options	Starter: \$7-\$14 Mains: \$10.5-\$22.5
	TJ Katsu Opening hours: 10am-9pm	97 Courtenay Place, Te Aro, Wellington City <i>Walking distance: 7 min</i>	Ph: 04 385 8868	Japanese Cuisine & Sushi	Mains: \$13-\$16
	The Catch Opening hours: 5pm-9pm	48 Courtenay Place, Te Aro, Wellington City <i>Walking distance: 8 min</i>	Ph: 04 801 9352	Japanese Cuisine & Sushi Vegetarian Friendly	Mains: \$9-\$22
K O R	Mrs Kim's Korean Kitchen Opening hours: 5pm-9pm	89 Ghuznee Street, Te Aro, Wellington City <i>Walking distance: 8 min</i>	Ph: 04 385 1874	Korean Cuisine	no information

E A N	The Taste Of Korea	142 Willis Street, Te Aro, Wellington City <i>Walking distance: 6 min</i>	Ph: 04 384 9894	Korean Cuisine & BBQ	Mains: \$13-\$40
	Opening hours: 2pm-9pm				
T H A I	Aroy Thai Eatery	101 Cuba Street, Te Aro, Wellington City <i>Walking distance: 3 min</i>	Ph: 04 385 0651 E: enquiry@aroy.co.nz W: http://aroy.co.nz/	Thai Cuisine Vegetarian Friendly	Starter: \$2.5-\$8.5 Mains: \$12.9-\$14.9
	Tahi	1 Courtenay Place, Wellington Central, Wellington City <i>Walking distance: 11 min</i>	Ph: 04 385 9253 W: https://www.tahithai.com/	Thai Cuisine Vegetarian Friendly & Gluten Free Options	Starter: \$9.9-\$13.9 Mains: \$14.9-\$32
	Thai Tara	111 Vivian Street, Te Aro, Wellington City <i>Walking distance: 6 min</i>	Ph: 04 887 1014 W: https://thaitararestaurant.co.nz/ Pre booking recommended	Thai Cuisine Vegetarian Friendly	Starter: \$5-\$10 Mains: \$14.5-\$32
T U R K I S H	Abrakebabra	90 Manners Street, Te Aro, Wellington City <i>Walking distance: 2 min</i>	Ph: 04 473 3311 E: info@kebabcentral.co.nz W: http://www.kebabcentral.co.nz/	Turkish Cuisine Vegetarian Friendly & Gluten Free Options	Starter: \$3.5-\$12 Mains: \$8.5-\$20
	Cafe Istanbul	117 Cuba Street, Te Aro, Wellington City <i>Walking distance: 4 min</i>	Ph: 04 381 3929 W: http://www.istanbul.co.nz/	Turkish & Mediterranean Cuisine Vegetarian Friendly	Starter: \$10-\$12 Mains: \$22-\$25
	Cafe Pasha	62 Dixon Street, Te Aro, Wellington City <i>Walking distance: 3 min</i>	Ph: 04 384 5848 E: enquiries@cafepasha.co.nz W: http://www.cafepasha.co.nz/	Turkish Cuisine Vegetarian Friendly	Starter: \$7-\$8.5 Mains: \$21.5-\$26
I T A L I A N	CinCin	156 Cuba Street, Te Aro, Wellington City <i>Walking distance: 9 min</i>	Ph: 04 385 2462 W: http://www.cincin.net.nz/	Italian Cuisine & Pizza	Starter: \$8-\$10 Mains: \$18-\$33
	Floriditas	161 Cuba Street, Te Aro, Wellington City <i>Walking distance: 7 min</i>	Ph: 04 381 2212 E: julie@floriditas.co.nz W: http://www.floriditas.co.nz/	Italian Cuisine & Cafe Vegetarian Friendly & Gluten Free Options	Starter: \$7-\$24 Mains: \$19-\$40.5
	Golding's	14 Leeds Street, Te Aro, Wellington City <i>Walking distance: 6 min</i>	Ph: 04 381 3616 E: goldingsfreedive@gmail.com W: http://goldingsfreedive.co.nz/page/home.aspx	Pizza	Mains: \$15-\$24
	Heaven Woodfire Pizza	247 Cuba Street, Te Aro, Wellington City <i>Walking distance: 11 min</i>	Ph: 04 801 8880	Pizza Dairy Free, Gluten Free & Vegan Options	Starter: \$7.9-\$12.9 Mains: \$13.5-\$21.5
	La Buca	Capital Market, Shop 15, 151-159 Willis Street, Te Aro, Wellington City	Ph: 04 382 9155 W: https://www.facebook.com/La-Buca-	Italian Cuisine & Pizza	Mains: \$7.9-\$16

	Opening hours: 10am-9pm	<i>Walking distance: 7 min</i>	763626913720464/	Vegetarian Friendly & Dairy Free Options	
	Ombra Opening hours: 10am–12midnight	199 Cuba Street, Te Aro, Wellington City <i>Walking distance: 12 min</i>	Ph: 04 385 3229 E: info@ombra.co.nz W: http://www.ombra.co.nz/	Italian Cuisine Vegetarian Friendly, Gluten Free & Dairy Options	Starter: \$5-\$12 Mains: \$10-\$23
	Pizzeria Napoli Opening hours: 5pm–11pm	30 Courtenay Place, Te Aro, Wellington City <i>Walking distance: 10 min</i>	Ph: 04 802 5908 W: https://www.pizzerianapoli.co.nz/	Italian Cuisine	Starter: \$7.5-\$18 Mains: \$17-\$28
	Pizza Pomodoro Opening hours: 5pm–9pm	13 Leeds Street, Te Aro, Wellington City <i>Walking distance: 6 min</i>	Ph: 04 381 2929 E: info@pizzapomodoro.co.nz W: https://www.pizzapomodoro.co.nz/	Pizza	Starter: \$8-\$10 Mains: \$16-\$26
	Sal's Opening hours: 11.30am-9pm	109 Cuba Street, Te Aro, Wellington City <i>Walking distance: 4 min</i>	Ph: 04 384 7257 W: http://www.sals.co.nz/	Pizza	Starter: \$4-\$9 Mains: \$25-\$36
	Scopa Caffe Cucina Opening hours: 9am–10pm	141-143 Cuba Street, Te Aro, Wellington City <i>Walking distance: 8 min</i>	Ph: 04 384 6020 E: info@scopa.nz W: https://scopa.co.nz/	Italian Cuisine & Pizza Vegetarian Friendly & Gluten Free Options	Starter: \$6-\$25 Mains: \$17-\$31
	Tommy Millions Opening hours: 11am-11pm	105 Courtenay Place, Te Aro, Wellington City <i>Walking distance: 7 min</i>	Ph: 04 382 8866 E: info@tommyillions.co.nz W: http://www.tommyillions.co.nz	Pizza & Sub Sandwiches	Mains: \$5-\$30
E U R O P E A N	Chameleon – InterContinental Wellington Opening hours: 5.30pm–9.30pm	InterContinental Wellington, 2 Grey Street, Wellington Central, Wellington City <i>Walking distance: 9min</i>	Ph: 04 495 7841 E: chameleon@ihg.com W: http://www.chameleonrestaurant.co.nz/	European Cuisine Vegetarian Friendly	Starter: \$4-\$27 Mains: \$28
	Eat Opening hours: MON – FRI 7:30AM – Late SAT – SUN 12:00PM – Late	128 Wakefield Street, Te Aro <i>Walking distance: 1 min</i>	Ph: 04 499 5523 E: info@eat.net.nz W: eat.net.nz	European Cuisine	Starter: \$8-\$26 Mains: \$34-\$35
	Fidel's Opening hours: 8am–9pm	234 Cuba Street, Te Aro, Wellington City <i>Walking distance: 13 min</i>	Ph: 04 801 6868 E: mail@fidelscafe.com W: http://www.fidelscafe.com/	European, Mexican Cuisine & Cafe Vegetarian Friendly, Gluten Free, Dairy Free & Vegan Options	Starter: \$5-\$8 Mains: \$13-\$26
	Five Stags Opening hours: 11am–10pm	7-11 Dixon Street, Corner of Taranaki Street and Dixon Street, Te Aro, Wellington City <i>Walking distance: 6 min</i>	Ph: 04 384 1910	European & Kiwi Cuisine	Starter: \$6 Mains: \$19.9-\$32
	Grill Meats Beer	227 Cuba Street, Te Aro, Wellington City	Ph: 04 801 8787 W: https://www.grillmeatsbeer.co.nz/	European, Kiwi Cuisine & BBQ	Starter: \$10-\$18 Mains: \$12-\$36

Opening hours: 12noon-10pm	<i>Walking distance: 10 min</i>		Vegetarian Friendly, Gluten Free, Dairy Free & Vegan Options	
Hummingbird Eatery & Bar Opening hours: 3pm–3am	22 Courtenay Place, Te Aro, Wellington City <i>Walking distance: 10 min</i>	Ph: 04 801 6336 E: manager@hummingbird.net.nz W: http://www.hummingbird.net.nz/ Pre booking recommended	European Cuisine	Starter: \$8-\$30 Mains: \$29-\$70
Joe's Garage Opening hours: 7am–9pm	5 Tory Street, Te Aro, Wellington City <i>Walking distance: 7 min</i>	Ph: 04 802 5310 W: https://www.joes.co.nz/	European Cuisine & Cafe Vegetarian Friendly	Starter: \$8-\$11.8 Mains: \$14.8-\$26.8
Lido Opening hours: Tue-Thu 7am-9.30pm Fr-Sat 7am-10.30pm	81 Victoria St, Te Aro <i>Walking distance: 2 min</i>	Ph: 04 499 6665 W: www.thelido.co.nz	European & Indian Cuisine	Starter: \$9-\$16 Mains: \$14.5-\$29
Little Beer Quarter Opening hours: 3pm–12midnight	6 Edward Street, Te Aro, Wellington City <i>Walking distance: 5 min</i>	Ph: 04 803 3304 E: littlebeerquarter@xtra.co.nz W: http://littlebeerquarter.co.nz/	European & Kiwi Cuisine Vegetarian Friendly, Vegan and Gluten Free Options	Starter: \$6-\$12 Mains: \$16-\$24
Loretta Opening hours: 8am–9pm	181 Cuba Street, Te Aro, Wellington City <i>Walking distance: 8 min</i>	Ph: 04 384 2213 E: marc@loretta.net.nz W: http://www.loretta.net.nz/	European Cuisine & Cafe Vegetarian Friendly, Gluten Free, Dairy & Vegan Options	Starter: \$7-\$15.5 Mains: \$18.5-\$32
Mac's Restaurant and Brew Bar Opening hours: 10.30am-11pm	4 Taranaki Street, Wellington Central, Wellington City <i>Walking distance: 5 min</i>	Ph: 04 381 2282	European & Kiwi Cuisine Vegetarian Friendly, Dairy Free & Gluten Free Options	Starter: \$12.5-\$16 Mains:\$15-\$21
Siglo Opening hours: 11am-2am	30 Courtenay Place, Wellington Central, Wellington City <i>Walking distance: 10 min</i>	Ph: 04 801 6100	European Cuisine	Starter: \$6-\$10 Mains:\$16-\$20
Southern Cross Garden Bar Opening hours: 9am–3am	39 Abel Smith Street, Te Aro, Wellington City <i>Walking distance: 12 min</i>	Ph: 04 384 9085 W: https://www.thecross.co.nz/ Pre booking recommended	European & Kiwi Cuisine Vegetarian Friendly, Gluten Free & Vegan Options	Starter: \$8.5-\$16 Mains: \$17-\$37
The Arborist Rooftop Bar & Eatery Opening hours: 8am–11pm	166 Willis Street, Te Aro, Wellington City <i>Walking distance: 8 min</i>	Ph: 04 931 6161 E: arborist@trinitygroup.co.nz W: http://www.thearborist.co.nz/	European & Kiwi Cuisine Vegetarian Friendly, Gluten Free & Vegan Options	Starter: \$8-\$12 Mains: \$10-\$18
The Bresolin Opening hours: 8am–11pm	278 Willis Street, Te Aro, Wellington City <i>Walking distance: 8 min</i>	Ph: 04 801 5152 E: info@thebresolin.co.nz W: http://www.thebresolin.co.nz/	European Cuisine Vegetarian Friendly, Gluten Free & Dairy Free Options	Starter: \$8-\$14 Mains: \$16.5-\$95
The Tasting Room	2 Courtenay Place, Te Aro, Wellington City	Ph: 04 384 1159 E: manager@thetastingroom.co.nz	European Cuisine	Starter: \$8-\$17 Mains: \$24-\$36

	Opening hours: 10am–11pm	<i>Walking distance: 11 min</i>	W: http://www.thetastingroom.co.nz/	Vegetarian Friendly	
	Two Souls Bistro Opening hours: 5pm–10pm	290 Wakefield Street, Te Aro, Wellington City <i>Walking distance: 9 min</i>	Ph: 04 803 3137	European Cuisine	Starter: \$5.5-\$13 Mains: \$22.9-\$32.5
	WBC Restaurant Opening hours: 4.30pm–10pm	1st Floor, 107 Victoria Street, Te Aro, Wellington City <i>Walking distance: 3 min</i>	Ph: 04 499 9379 E: info@wbcrestaurant.co.nz W: http://www.wbcrestaurant.co.nz/dinner/	European Cuisine	Starter: \$6-\$12 Mains: \$13.5-\$34.5
	Zibibbo Opening hours: 11.30am–10pm	25-29 Taranaki Street, Te Aro, Wellington City <i>Walking distance: 4 min</i>	Ph: 04 385 6650 E: dine@zibibbo.co.nz W: http://www.zibibbo.co.nz/	European, Mediterranean & Spanish Cuisine Vegetarian Friendly, Gluten Free & Vegan Options	Starter: \$18-\$22 Mains: \$24-\$36.5
K I W I	Enigma Cafe Opening hours: 8am–12midnight	128 Courtenay Place, Te Aro, Wellington City <i>Walking distance: 6 min</i>	Ph: 04 385 2905 E: contact@enigmcafe.co.nz W: http://enigmcafe.co.nz/2017/	Kiwi Cuisine & Cafe Vegetarian Friendly, Gluten Free, Dairy Free & Vegan Options	Starter: \$6-\$10 Mains: \$16-\$20
	Jack Hackett's Irish Bar Opening hours: 11am-12midnight	5 Inglewood Place, Te Aro, Wellington City <i>Walking distance: 6 min</i>	Ph: 04 384 1910 E: info@jackhacketts.co.nz W: http://jackhacketts.co.nz/	Kiwi & Irish Cuisine	Mains:\$20-\$36
	Karaka Café 7am-late	2 Taranaki Street, Wellington City <i>Walking distance: 5 min</i>	Ph: 04 916 4393 E: bookings@karakacafe.co.nz W: karakacafe.co.nz	Maori and Pacific Cuisine	Starter: \$9-\$12 Mains: \$14-\$23
	Peckz BBQ Opening hours: 12noon-8pm	Capital Market, 151 Willis Street, Te Aro, Wellington City <i>Walking distance: 7 min</i>	Ph: 021 133 2657	Kiwi Cuisine	Starter: \$3-\$5 Mains:\$8-\$18
	The Green Parrot Opening hours: 5pm-10pm	16 Taranaki Street, Wellington City <i>Walking distance: 4 min</i>	Ph: 04 384 6080 E: info@greenparrot.co.nz W: http://www.greenparrot.co.nz/	Kiwi & European Cuisine	Starters: \$7-\$16 Mains:\$20-\$45
A M E R I C A N	Burger Liquor Opening hours: 11.30am–9pm	129 Willis Street, Te Aro, Wellington City <i>Walking distance: 6 min</i>	Ph: 04 385 1104 W: http://www.burgerliquor.co.nz/	American Cuisine Vegetarian Friendly	Starter: \$6-\$13 Mains: \$10-\$18
	Mama Brown Opening hours: 9am–9pm	250 Wakefield Street, Wellington <i>Walking distance: 7 min</i>	Ph: 04 384 3604 E: mama@mamabrown.co.nz W: http://www.mamabrown.co.nz/	American, Mexican Cuisine & Cafe	Starters: \$5.5-\$13.5 Mains: \$19-\$29.5
	Madame Peacock Opening hours: 3pm-1am	36 Courtenay Place, Te Aro, Wellington City <i>Walking distance: 9 min</i>	Ph: 04 803 3322	American Cuisine & Pizza	Mains:\$7-\$10

	Sweet Mother's Kitchen Opening hours: 8am–10pm	5 Courtenay Place, Te Aro, Wellington City <i>Walking distance: 11 min</i>	Ph: 04 385 4444 E: mail@sweetmotherskitchen.co.nz W: http://www.sweetmotherskitchen.co.nz/	American & Mexican Cuisine Vegetarian Friendly, Gluten Free & Vegan Options	Starter: \$5.5-\$15.5 Mains: \$15-\$23
	The Rogue And Vagabond Opening hours: 11am–12midnight	18 Garrett Street, Te Aro, Wellington City <i>Walking distance: 6 min</i>	Ph: 04 381 2321 E: info@rogueandvagabond.co.nz W: http://rogueandvagabond.co.nz/	American Cuisine & Pizza Vegetarian Friendly, Dairy Free & Gluten Free Options	Starter: \$8-\$16 Mains: \$15-\$22
M E X I C A N	Mexico Opening hours: 12noon–10pm	41 Dixon Street, Te Aro, Wellington City <i>Walking distance: 4 min</i>	Ph: 04 894 6982 E: wellington@mexico.net.nz W: http://www.mexico.net.nz/	Mexican Cuisine Vegetarian Friendly & Gluten Free Options	Starter: \$7-\$10 Mains: \$15-\$18
	The Flying Burrito Brothers Opening hours: 5pm–9pm	Corner of Cuba Street & Vivian Street, Te Aro, Wellington City <i>Walking distance: 9 min</i>	Ph: 04 385 8811 E: officefbb@gmail.com W: http://www.flyingburritobrothers.co.nz/	Mexican Cuisine Vegetarian Friendly, Gluten Free & Dairy Free Options	Starter: \$6-\$16 Mains: \$16-\$29
S P A N I S H	Basque Opening hours: 12noon–12midnight	8 Courtenay Place, Te Aro, Wellington City <i>Walking distance: 10 min</i>	Ph: 04 802 5585 E: info@basque.co.nz W: http://basque.co.nz/	Spanish & Mediterranean Cuisine Vegetarian Friendly & Gluten Free Options	Starter: \$8-\$22 Mains: \$16-\$29
	El Matador Opening hours: 10am–11pm	196 Cuba Street, Te Aro, Wellington City <i>Walking distance: 10 min</i>	Ph: 04 381 2999 E: restaurant@elmatador.co.nz W: http://www.elmatador.co.nz/	Spanish & Argentine Cuisine	Mains: \$8.5-\$34.5
I N D I A N	Courtenay Taj Opening hours: 5pm–11pm	25-29 Courtenay Place, Te Aro, Wellington City <i>Walking distance: 8 min</i>	Ph: 04 801 7080 W: http://www.courtenaytaj.co.nz/	North Indian & Indian Cuisine Vegetarian Friendly, Vegan & Gluten Free Options	Starter: \$6.5-\$20 Mains: \$12-\$18.5
	Great India Opening hours: 5pm–10pm	141 Manners Street, Te Aro, Wellington City <i>Walking distance: 5 min</i>	Ph: 04 384 5755 E: rakesh@greatindia.co.nz W: http://www.greatindia.co.nz/aboutus.html Pre booking recommended	North Indian & Indian Cuisine Vegetarian Friendly	Starter: \$7.5-\$12.5 Mains: \$14.5-\$36.5
	Masala Cafe & Bar Opening hours: 5pm–10pm	2-12 Allen Street, Te Aro, Wellington City <i>Walking distance: 8 min</i>	Ph: 04 385 2012 W: https://www.masala.gen.nz/ Pre booking recommended	North Indian & Indian Cuisine Vegetarian Friendly	Starter: \$6.5-\$10.9 Mains: \$7.9-\$11.9
	Zaika Indian Bar & Bistro Opening hours: 5pm–10pm	160-162 Willis Street, Te Aro, Wellington City <i>Walking distance: 7 min</i>	Ph: 04 801 8883 W: http://www.zaika.co.nz/	North Indian & Indian Cuisine	Starter: \$6.5-\$17 Mains: \$15.9-\$22.9
F A	BurgerFuel Opening hours: 11am–10pm	101 Courtenay Place, Te Aro, Wellington City	Ph: 04 801 9222 W: https://www.burgerfuel.com/nz	Burger Vegetarian Friendly	Mains: \$5.9-\$14.5

S T F O O D		<i>Walking distance: 5min</i>			
	Fish N Chips On Tory	5/100 Tory Street, Te Aro, Wellington City	Ph: 04 803 3816	Fish and Chips & Fast Food	Mains: \$4.5-\$11.5
	Opening hours: 11am-9pm	<i>Walking distance: 11 min</i>		Gluten Free Options	
	Mishmosh	- 36 Courtenay Place, Te Aro, Wellington City	Ph: 04 384 8015 E: help@mishmosh.co.nz W: http://www.mishmosh.bar/	Finger Food, Pizza & Fast Food	Mains: \$10-\$12
Opening hours: 12noon-12midnight	<i>Walking distance: 8 min</i>		Vegetarian Friendly		
Vinyl Bar	- 66 Courtenay Place, Te Aro, Wellington City	Ph: 04 385 6713 E: bookings@ilovevinylbar.co.nz W: http://www.ilovevinylbar.co.nz/	Finger Food & Pizza	\$4.5-\$22	
Opening hours: 12noon-2am	<i>Walking distance: 8 min</i>				
O T H E R S	Armenia On A Plate	- Capital Market, 151 Willis Street, Te Aro, Wellington City	no information	Middle Eastern Cuisine	Mains: \$10-\$15
	Opening hours: 11am-9pm	<i>Walking distance: 7 min</i>		Vegetarian Friendly & Vegan Options	
	Siem Reap Cafe & Restaurant	- 99 Dixon Street, Te Aro, Wellington City	Ph: 04 385 4590 E: info@siemreap.co.nz W: https://siemreap.co.nz/	Cambodian Cuisine	Starter: \$12.5-\$14.5 Mains: \$23-\$29
	Opening hours: 5pm-11pm	<i>Walking distance: 5 min</i>		Vegetarian Friendly	
Smokin BBQ Grill	- Capital Market, 151 Willis Street, Te Aro, Wellington City	Ph: 04 801 8177	Filipino Cuisine & BBQ	Mains: \$9.5-\$12.5	
Opening hours: 11.30am-7.30pm	<i>Walking distance: 7 min</i>				
Wildfire Churrascaria	- 60 Tory Street, Te Aro, Wellington City	Ph: 04 381 3434 Pre booking recommended	Brazilian Cuisine	no information	
Opening hours: 12noon-11pm	<i>Walking distance: 9 min</i>				

As at 21/12/18

SGCNZ – DJS/DW

